

**Pranesh
Anandlal**



Qualifications

BA honours in Religion and Social Transformation (University of KZN)




Master's in Business and Executive Coaching (Wits Business School)

Coaching areas of expertise

Leadership development coaching; performance coaching; strategic leadership; team development; transition and change management; work/life balance, resilience, cultural intelligence, emotional intelligence, women in leadership roles, entrepreneurial and transformational coaching.
Group and team coaching

Current Role and Background

- Trainer, facilitator and coach at Senior Leaders Course in Brussels, Belgium on topics of leadership.
- Co-founder of International Leadership Coaching Academy in Europe which is ICF Approved Coach Specific Training Hours - 206 hours – presenter of the course and supervisor for student coaches
- Staff member of Wits Business School
- Supervisor for Masters students(MMBEC) in coaching research for Wits Business School
- Involved with Assessments of Effective Coaching and Mentoring program at WBS
- Mentor Coach for ICF Credentialing level one and two
- Associate coach with JSEC
- Founder and facilitator of Coach Training Program - COMENSA approved program
- Trainer and coach for “Contributing Towards Expatriate Success” with Crown Relocations, Johannesburg, South Africa
- Senior Facilitator for Cultural Awareness International, Texas, USA

	<ul style="list-style-type: none"> ▪ Facilitator and Coach for Cross Culture Academy, Stuttgart, Germany ▪ Motivational speaker in Europe and Africa
<p>Coaching Methodology</p>	<p>Coaching is a one-on-one learning alliance, tailored to achieve personal and professional growth and development.</p> <p>It is a client centered and collaborative partnership between the coach and the client with clearly identified learning outcomes.</p> <p>Coaching assists clients to move insight into action and can result in transformational change where old patterns are confronted and replaced by new ones.</p> <p>Coaching is not about fixing, clients are creative, resourceful and whole.</p> <p>I have the questions, they have the answers. It's about making conscious, intentional choices.</p> <p>My approach comes from the belief that clients do not need advice, but with reflection and good questioning they are able to intentionally make positive steps towards their goals and growth.</p> <p>As a coach I serve as a sounding board, cheerleader and challenger.</p>
<p>Professional Bodies / Accreditations</p>	<p>Professional Certified Coach with ICF (International Coaching Federation)</p> <p>ETDP SETA - Certified assessor and facilitator</p> <p>Senior Credentialed Coach Practitioner of COMENSA (Coaches and Mentors of South Africa)</p>   
<p>Levels of Coaching practised</p>	<p>Executive, senior, middle management, team and group coaching</p>

Coaching experience (years/hours)	Over 25 years of coaching/mentoring experience and 2000 paid coaching hours. Currently coaching Wits Health Science Nursing Department - individual coaching and group coaching.
Personal Interests / Activities	<p>Married with 3 teenage kids. Enjoy outdoor activities and golf. Love traveling and adventure.</p> <p>Serving as deputy chair of the Membership Criteria and Standards of Competence Portfolio Committee (MCSC) of COMESA</p> <p>Served as Chairman of the board of Aidshope, a registered NPO in Mamelodi.</p>

Contact email pranesh.anandlal@om.org

Cell 0827841998

<https://www.linkedin.com/in/pranesh-anandlal-7341b9b3/>

<https://coachfederation.org.za/coach-directory/pranesh-anandlal/>

Video - <https://vimeo.com/263214830/ba17e256b0>